

11th Annual Pacific Martial Arts Conference

A partnering event with the Oregon Asian Celebration Sponsored by Best Martial Arts Institute

Saturday, January 28th & Sunday, March 19th

10:00 a.m. - 5:00 p.m. each day

Ten instructors teaching ten martial arts – all in one day!

Each day features different instructors and styles

PacMAC was created in 2007 by Alan Best of Best Martial Arts Institute to encourage respect and appreciation amongst all styles of martial arts. Instructors from around the Pacific Northwest come together to train and share their arts in a friendly, respectful setting. PacMAC is open to teen and adult students of all martial art styles and skill levels.

Location: Best Martial Arts Institute 795 Almaden Street, Eugene, Oregon 97402

Sessions are 25 minutes long with a 5-minute break. No pre-registration required - \$10 suggested donation at the door.

Here are some of the martial arts taught in previous years:

Aikido - American Kenpo - Capoeira — Danzan Ryu Jujitsu - Goju Ryu Karate — Haganah — Hapkido Italian Fencing - Jeet Kune Do - Judo — Jujutsu - Kajukenbo - Kali - Koshoryu Kenpo Krav Maga — Ninjutsu - Russian Systema - 7-Star Praying Mantis Kung Fu Shito Ryu Karate - Shudokan Karate - Taekwondo - Tai Chi Chuan - Wing Chun

Find a list of 2017 PacMAC instructors and more info at

www.pacificmartialartsconference.com

For more information contact Alan Best (541) 345-0684 / senseibest@bmai.org



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