## I 0th Annual Pacific Martial Arts Conference

A partner event with the Oregon Asian Celebration

Sponsored by Best Martial Arts Institute

www.pacificmartialartsconference.com



**OPEN** to martial artists of all backgrounds and experience levels who are 13 years old, or older. (Minors will need a parent or legal guardian to sign a release of liability at the event.)

**WEAR** your martial arts uniform, or whatever you normally train in. There are dressing rooms with showers for men and women. If you prefer, bring your training clothes, and change when you arrive. We will be training in bare feet, in keeping with facility rules.

**BRING** a water bottle and lunch.

**ATTEND** when you can, leave when you must, train as your body allows, and take this opportunity to practice with, and get to know, as many people as possible from all different styles of martial arts!

## MORE INFORMATION

Go to our website, find us on Facebook, or call Best Martial Arts Institute at (541)345-0684

## Saturday, January 30, 2016

Doors open at 10:00 am

10:15 - 10:30	Welcoming Remarks	
10:30 - 10:55	Alan Best	Karate
11:00 - 11:25	Bobby Stroup	Suttle Impact/Kajukenbo
11:30 - 11:55	Benaiah Torkornoo	Olympic Taekwondo
12:00 - 12:25	Steve Nisewander	Judo
12:30 - 1:00	Ryan Kelly	Brazillian Jiu Jitsu, Kick boxing
1:00 - 1:25	LUNCH BREAK	
1:30 - 1:55	Frank Pollara	Eastgate Kenpo
2:00 - 2:25	Les Clements	Dragon Style Kung Fu
2:30 - 2:55	Sean Hayes	Historical European Fencing
3:00 - 3:25	Colin Davey	Won Hop Kuen Do/ Jeet kune Do
3:30 - 3:55	Matt Lowes	Eugene Systema

Instructors are subject to change the day of the event



\*\$10 requested donation. No one will be turned away for lack of money.

## Event Held At

Best Martial Arts Institute 795 Almaden Street Eugene, OR

2 blocks East of Chambers I Block South of 7th Ave.

